

Medieval Herber



The Scroll of the Medieval Herber

Your Medieval Herber contains plants that were used in the Middle Ages for food, medicine, paints, and other household purposes. Herb and pleasure gardens—herbers—were nearly always rectangular and raised, as your garden is. Plants were not grouped by type (i.e., “flower,” “tree,” or “shrub”), but by use; there were plants for “kitchen and seasoning”, “vegetables and salads,” “brewing,” “medicinal,” and “magical/religious.”

Planting Instructions

1. Fill planter with planting mixture to 1/4” of top; water until moist;
2. Sprinkle seeds on top of planting mixture; mist; put cover on top; place in bright light;
3. Seeds will start sprouting in three days; remove cover after two weeks; water when dry to touch.
4. After the first month, apply a layer of decorative gravel between plants;
5. Continue to water thoroughly once per week, or when dry to touch.

Plant Information

- All included herbs are edible.
- Mixture contains assorted herbs including: Rosemary, Parsley, Basil, Thyme, Chives, Fennel, Dill, Marjoram.
- Herbs will grow in bright light on a window sill.
- Water frequently as your herbs will grow quickly.
- Herbs are used to flavor foods and drinks and to make spices.
- Herbs have a myriad of other uses from bases of medicines, insecticides, dyes, perfumes, rope, to mats and cleaning products.
- Herbs have religious significance and are used in alternative healing and aromatherapy.

Sprouting Guarantee

Your Medieval Herber is guaranteed to have at least 20 seedlings at the end of a 30 day period. If you do not achieve this and would like to try it again, send us your old seed pack, the UPC code cut from packaging, and the store receipt. We will send you a replacement pack free of charge.

DuneCraft, Inc.
Attn.: Replacement Seeds
PO Box 808
Chagrin Falls, OH 44022

Background Information

Medieval gardening was heavily influenced by the writing of ancient Greeks and Romans.

An Herber is defined as an herb garden or pleasure garden. The primary characteristic of all herbers was that they were enclosed—stone, brick, hedges, hedges and ditch, rammed earth, Wattle, and lattice. They were raised to improve drainage—especially vegetable and medicinal gardens. Herbers had walks that were grass, dirt, brick, and gravel and were nearly always rectangular.

Plants were drunk, inhaled, pressed on the flesh, and ingested for all sorts of medical problems. Some were later proven to have no medical benefit while some are still used today, such as foxglove and belladonna.

Utilitarian gardens contain food, medicinal, as well plants for strewing on floors, making hand water, quelling insects and other household purposes. Plants were grown for a range of functions and used for dyes for cloth, food, inks, and paints. They were the equivalent of the supermarket, pharmacy, bath and body shop.

There was no distinction between flowers, vegetables, or plants, instead were arranged by use: kitchen and seasoning, vegetables and salads, food dyes, brewing, medicinal, and magical/religious.

Lavish gardens were done with elaborate water features and a viewing house, called the “gloriette” were a symbolic display of the landowners wealth and power.

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